Salwar kameez or Punjabi suit measurement form

Body measurements only, in cm or inches (write the unit). Soft tape over thin clothing, snug not tight, girths level all the way round. The tailor adds the ease for the style.

Name Date Height Garment and style notes

Measurement	cm	inches	Where it is taken
Bust (chhaati)			fullest part of the chest, level
Waist (kamar)			natural waist, relaxed
Hips			fullest part of the seat
Shoulder width (teera)			across the back, bone to bone
Sleeve length (baanh)			shoulder bone to the hem you want, elbow bent
Bicep			fullest part of the upper arm
Armhole			around the shoulder joint
Kameez length (lambai)			side of neck to hem
Front and back neck depth (gala)			base of neck to neckline
Salwar length			waist where the string sits, to the ankle bone
Thigh			fullest part of the upper leg
Mohri			ankle opening you want, or name the style

Style notes to add: straight, A-line or anarkali (ghera), kameez length, salwar style (plain, churidar, patiala, palazzo), dupatta.